

# Poulton Swimming Timetable

## Poulton Ymca Swimming & Fitness Centre

Accurate as of 25/06/2026

### Times for Monday 29 June



Time	Session	Facility
06:30 - 09:00	Public Swimming	Swimming Pool
12:00 - 13:00	Adults Only	Swimming Pool
19:45 - 20:45	Public Swimming	Swimming Pool