

Poulton Swimming Timetable

Poulton Ymca Swimming & Fitness Centre

Accurate as of 26/07/2026

Times for Monday 20 July			
Time	Session	Facility	
06:30 - 09:00	Public Swimming	Swimming Pool	
12:00 - 13:00	Adults Only	Swimming Pool	
19:45 - 20:45	Public Swimming	Swimming Pool	