

Poulton Swimming Timetable

Poulton Ymca Swimming & Fitness Centre

Accurate as of 26/07/2026

Times for Friday 31 July			
Time	Session	Facility	
06:30 - 09:00	Public Swimming	Swimming Pool	
11:45 - 12:45	Public Swimming	Swimming Pool	
18:30 - 19:30	Public Swimming	Swimming Pool	