

Lea Manor Recreation Centre

Lea Manor Recreation Centre

Accurate as of 15/07/2026

Times for Monday 20 July	
Time	Session
6:00 am - 7:45 am	Lane Swim
8:00 am - 9:00 am	Staff Training
9:05 am - 9:50 am	Aqua Fit
9:50 am - 10:30 am	Leisure Swim
11:00 am - 12:00 pm	Private Booking
12:15 pm - 1:15 pm	Leisure Swim With Lanes
1:30 pm - 2:30 pm	Fun Time Splash!
3:00 pm - 3:45 pm	Hydra Health
4:00 pm - 6:45 pm	Learn to Swim
6:50 pm - 7:35 pm	Women-Only Aqua Fit
7:45 pm - 8:30 pm	Aqua Fit
7:45 pm - 8:30 pm	Lane Swim (Slow & Medium Lanes Only)
8:40 pm - 9:35 pm	Women-Only Half Leisure Swim / Half Lane Swim