Lea Manor Recreation Centre

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Accurate as of 18/11/2026

Times for Monday 23 November

Time	Session
6:00 am - 7:45 am	Lane Swim
8:30 am - 9:15 am	Aqua Fit
10:30 am - 12:00 pm	School Swimming
12:15 pm - 1:15 pm	Leisure Swim With Lanes
1:30 pm - 3:00 pm	School Swimming
3:00 pm - 3:45 pm	Hydra Health
4:00 pm - 6:45 pm	Learn to Swim
6:50 pm - 7:35 pm	Women-Only Aqua Fit
7:45 pm - 8:30 pm	Aqua Fit
7:45 pm - 8:30 pm	Lane Swim (Slow & Medium Lanes Only)
8:40 pm - 9:35 pm	Women-Only Half Leisure Swim / Half Lane Swim