

Fleetwood Fitness Classes

Fleetwood YMCA Leisure Centre

Accurate as of 26/09/2023

Times for Thursday 8 June



Time	Session	Facility	Instructor
09:15 - 10:00	Synrgy	Y:Active Fitness Studio	Dawn
11:30 - 12:30	Gentle Exercise	Sports Hall	Julie
17:45 - 18:30	Spinning	Spinning Room	Keith