

Fleetwood Fitness Classes

Fleetwood YMCA Leisure Centre

Accurate as of 04/12/2023

Times for Friday 9 June



Time	Session	Facility	Instructor
06:30 - 07:00	TRX Blast	Y:Active Fitness Studio	Dawn
09:15 - 10:00	Synrgy	Sports Hall	Rachel
10:00 - 11:00	Dancefit	Sports Hall	Tiffany