Fleetwood Fitness Classes Fleetwood YMCA Leisure Centre

Accurate as of 09/05/2025

| Times for Saturday 17 June | | | © |
|----------------------------|-----------|-------------------------|------------|
| Time | Session | Facility | Instructor |
| 08:00 - 08:30 | HIIT Step | Sports Hall | Rachel |
| 09:15 - 10:00 | Circuits | Y:Active Fitness Studio | Lindsey |