Inspire: Luton Sports Village

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Accurate as of 15/05/2026

Times for Monday 3 June

Time	Session	Facility
05:30 - 07:00	Swim Club	Competition Pool (50m)
06:00 - 09:00	Lane Swim (50m Reduced Lanes)	Competition Pool (50m)
06:45 - 07:45	Lane Swim (20m)	Community Pool (20m)
08:00 - 08:45	Aqua Step	Community Pool (20m)
09:30 - 10:00	Aqua Babies	Community Pool (20m)
09:30 - 15:00	Lane Swim (32m Reduced Lanes)	Competition Pool (50m)
10:40 - 11:10	Aqua Tots	Community Pool (20m)
12:00 - 12:45	Adult Women-Only (Bookable Session)	Community Pool (20m)
13:15 - 14:30	School Swimming	Community Pool (20m)
13:15 - 14:30	School Swimming	Competition Pool (50m)
14:45 - 15:45	Leisure Swim	Community Pool (20m)
15:30 - 18:45	Lane Swim (25m Reduced Lanes)	Competition Pool (50m)
16:00 - 18:30	Learn to Swim	Competition Pool (50m)
16:00 - 19:00	Learn to Swim	Community Pool (20m)
18:00 - 22:00	Swim Club	Competition Pool (50m)
19:30 - 20:30	Private Booking	Community Pool (20m)
21:15 - 22:00	Lane Swim (25m)	Competition Pool (50m)