

Inspire: Luton Sports Village

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Accurate as of 15/05/2026

Times for Saturday 8 June



Time	Session	Facility
07:00 - 12:00	Swim Club	Competition Pool (50m)
08:00 - 08:45	Aqua Zumba®	Community Pool (20m)
08:00 - 12:00	Lane Swim (50m Reduced Lanes)	Competition Pool (50m)
09:00 - 13:00	Learn to Swim	Community Pool (20m)
10:00 - 12:00	Learn to Swim	Competition Pool (50m)
12:30 - 13:30	Leisure Swim with Lanes (25m)	Competition Pool (50m)
12:30 - 17:00	Learn to Dive	Competition Pool (50m)
13:10 - 13:55	Fun Time Splash! (Shallow Water 0.86m)	Community Pool (20m)
13:30 - 17:00	Lane Swim (25m Reduced Lanes)	Competition Pool (50m)
14:05 - 14:50	Fun Time Splash! (Deep Water 1.2m)	Community Pool (20m)
15:00 - 15:45	Leisure Swim (Banded Sessions)	Community Pool (20m)
16:15 - 17:00	Men & Children-Only	Community Pool (20m)