

Lewsey Swimming Pool

Lewsey Sports Park Pool

Accurate as of 11/05/2026

Times for Sunday 16 March



Time	Session
7:45 am - 8:45 am	Swim Club
8:00 am - 9:00 am	Lane Swim
9:00 am - 12:00 pm	Learn to Swim
10:30 am - 11:15 am	Leisure Swim (no shallow ends)
10:30 am - 11:15 am	Aqua Fit (FOL)
11:45 am - 12:35 pm	Fun Time Splash!
12:45 pm - 2:45 pm	Learn to Swim (Women-Only)
12:55 pm - 1:40 pm	Women & Children-Only
2:00 pm - 2:45 pm	Women & Children-Only
2:55 pm - 3:50 pm	Fun Time Splash!
4:00 pm - 5:00 pm	Leisure Swim