

# Lewsey Swimming Pool

## Lewsey Sports Park Pool

Accurate as of 09/12/2025

### Times for Tuesday 4 November



| Time                | Session                        |
|---------------------|--------------------------------|
| 6:00 am - 8:25 am   | Lane Swim                      |
| 8:30 am - 12:00 pm  | Leisure Swim                   |
| 9:00 am - 9:45 am   | No Splash Zone                 |
| 10:25 am - 11:15 am | Aqua Fit                       |
| 11:20 am - 12:05 pm | Hydra Health                   |
| 12:05 pm - 1:05 pm  | Lane Swim                      |
| 1:30 pm - 3:00 pm   | School Swimming                |
| 3:00 pm - 4:00 pm   | Staff Training                 |
| 4:00 pm - 6:30 pm   | Leisure Swim (no shallow ends) |
| 4:00 pm - 7:30 pm   | Learn to Swim                  |
| 7:30 pm - 9:30 pm   | Leisure Swim                   |
| 7:40 pm - 8:25 pm   | Aqua Fit                       |