

Lewsey Swimming Pool

Lewsey Sports Park Pool

Accurate as of 23/09/2026

Times for Wednesday 23 September	
Time	Session
6:00 am - 7:45 am	Lane Swim
7:50 am - 8:55 am	Leisure Swim
9:00 am - 9:50 am	Adult Women-Only
10:00 am - 12:00 pm	School Swimming
12:05 pm - 12:50 pm	Aqua Fit
12:05 pm - 1:00 pm	Leisure Swim
1:20 pm - 2:30 pm	School Swimming
3:00 pm - 4:00 pm	Leisure Swim
3:05 pm - 3:50 pm	Hydra Health
3:45 pm - 7:30 pm	Learn to Swim
3:55 pm - 4:40 pm	Hydra Health
4:40 pm - 5:30 pm	Leisure Swim (no shallow ends)
7:30 pm - 8:30 pm	Swim Club
7:30 pm - 8:30 pm	Leisure Swim
8:35 pm - 9:35 pm	Lane Swim