St Annes Adult Classes and Activities

Ymca (St Annes)

Accurate as of 09/05/2025

Times for Saturday 10 June

Time	Session	Facility	Instructor
09:00 - 10:00	Super Spin	Studios	Mike
09:15 - 10:15	Body Combat	Sports Hall	Naomi
10:15 - 11:00	Spinning	Studios	Mike
10:30 - 11:30	Pilates	Studios	Les