

# Swimming Pool Timetable

## Lower Wick Swimming Pool

Accurate as of 08/06/2026

### Times for Wednesday 10 June



Time	Session	Facility
07:00 - 08:45	Public Lane Swim	Indoor Pool (20.0m)
09:00 - 12:00	School Swimming	Indoor Pool (20.0m)
12:00 - 13:45	Public Swim	Indoor Pool (20.0m)
14:00 - 15:00	Adult Aqua Aerobics	Indoor Pool (20.0m)
16:00 - 16:30	1-2-1 Swimming Lessons	Indoor Pool (20.0m)
16:00 - 17:45	Public Swim	Indoor Pool (20.0m)
16:30 - 17:00	1-2-1 Swimming Lessons	Indoor Pool (20.0m)
17:00 - 17:30	1-2-1 Swimming Lessons	Indoor Pool (20.0m)
17:45 - 18:15	Child Learner Classes	Indoor Pool (20.0m)
18:15 - 18:45	Child Improver Classes	Indoor Pool (20.0m)
18:45 - 19:15	Child Improver Classes	Indoor Pool (20.0m)
19:15 - 19:45	Child Improver Classes	Indoor Pool (20.0m)
19:45 - 20:30	Child Improver Classes	Indoor Pool (20.0m)
20:30 - 21:30	Adults only Swim	Indoor Pool (20.0m)