CALDICOT POOL PROGRAMME

Caldicot Leisure Centre

Accurate as of 25/04/2024

Times for Monday 13 September

Time	Session	Facility	# Lanes
06:30 - 09:00	Public Swim (4 Lanes in Pool)	Pool	
18:05 - 19:25	Public Swim (2 Lanes in Pool)	Pool	
19:30 - 20:15	Aqua Running	Pool	
20:15 - 21:15	Lane Swim (14+) (4 Lanes in Pool)	Pool	