

CHEPSTOW POOL PROGRAMME

Chepstow Leisure Centre

Accurate as of 26/11/2022

Times for Thursday 29 September



Time	Session	Facility	# Lanes
06:30 - 09:00	Public Swim (2 Lanes in Pool)	Pool	
09:30 - 10:30	Family Fun Swim (Children to be accompanied by an adult)	Pool	
10:45 - 11:45	60+ Swim Only (Free for 60+ with a MonLife card)	Pool	
12:00 - 13:00	Adult Swim (4 Lanes in Pool)	Pool	
16:00 - 18:00	Swimming Lessons	Pool	
17:15 - 19:30	Swimming Club	Pool	
19:30 - 20:30	Lifesaving Club	Pool	
20:35 - 21:45	Adult Swim (2 Lanes in Pool)	Pool	