

Aspire Leisure Centre

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Accurate as of 05/05/2024

Times for Friday 26 April			
Time	Session	Facility	
06:00 - 07:00	Lanes Only	Indoor Pool (25.0m)	
07:00 - 08:00	Open Swim	Indoor Pool (25.0m)	
08:00 - 09:00	Open Swim	Indoor Pool (25.0m)	
09:15 - 10:15	Aqua Therapy	Indoor Pool (25.0m)	
10:30 - 11:40	Swimming Lessons	Indoor Pool (25.0m)	
11:45 - 12:45	Open Swim	Indoor Pool (25.0m)	
12:45 - 13:45	Open Swim	Indoor Pool (25.0m)	
14:00 - 15:10	Swimming Lessons	Indoor Pool (25.0m)	
15:15 - 16:00	Dip session	Indoor Pool (25.0m)	
15:15 - 17:45	Swimming Lessons	Indoor Pool (25.0m)	
16:00 - 17:00	Open Swim (One lane closed to Public)	Indoor Pool (25.0m)	
17:00 - 18:00	Open Swim (One lane closed to Public)	Indoor Pool (25.0m)	
18:15 - 19:15	Family Swim	Indoor Pool (25.0m)	
19:30 - 21:00	Open Swim	Indoor Pool (25.0m)	
21:00 - 22:00	Pool Closed	Indoor Pool (25.0m)	