

Pool sessions timetable

Albert Avenue Pools

Accurate as of 04/05/2026

Times for Friday 8 May



| Time | Session | Facility |
|--------------------|----------------------|------------|
| 7:15 am - 9:00 am | Adults only swimming | Large Pool |
| 9:30 am - 11:00 am | Lido Public Swim | Lido |
| 11:30 am - 1:00 pm | Lido Public Swim | Lido |
| 1:30 pm - 3:00 pm | Lido Public Swim | Lido |
| 3:30 pm - 5:00 pm | Lido Public Swim | Lido |
| 5:30 pm - 7:00 pm | Lido Public Swim | Lido |
| 7:30 pm - 8:30 pm | Adults only swimming | Lido |
| 9:00 pm - 10:00 pm | Twilight Adults Swim | Lido |