

Pool sessions timetable

Albert Avenue Pools

Accurate as of 03/08/2026

Times for Monday 3 August			
Time	Session	Facility	
7:15 am - 9:30 am	Adults only swimming	Large Pool	
10:00 am - 11:30 am	Lido Public Swim - Book Online	Lido	
12:00 pm - 1:30 pm	Lido Public Swim - Book Online	Lido	
2:00 pm - 3:30 pm	Lido Public Swim - Book Online	Lido	
4:00 pm - 5:30 pm	Lido Public Swim - Book Online	Lido	