

Pool sessions timetable

Albert Avenue Pools

Accurate as of 03/08/2026

Times for Tuesday 4 August

Time	Session	Facility
7:00 am - 9:30 am	Adults only swimming	Large Pool
10:00 am - 11:30 am	Lido Public Swim - Book Online	Lido
11:30 am - 2:00 pm	Pool closed due to staff training	Lido
2:30 pm - 3:30 pm	Lido Public Swim - Book Online	Lido
4:00 pm - 5:30 pm	Lido Public Swim - Book Online	Lido
6:30 pm - 7:15 pm	Aqua Fit	Large Pool
7:15 pm - 8:15 pm	Adults only swimming	Large Pool
8:45 pm - 9:45 pm	Twilight Adults Swim	Lido