

# Pool sessions timetable

## Woodford Leisure Centre

Accurate as of 25/04/2024

### Times for Saturday 26 September



Time	Session	Facility
9:30 am - 10:30 am	Adults only swimming	Main Pool
9:30 am - 10:30 am	Family swimming (minimum one adult one child)	Teaching Pool
12:30 pm - 1:30 pm	Family swimming (minimum one adult one child)	Main Pool
12:30 pm - 1:30 pm	Family swimming (minimum one adult one child)	Teaching Pool