

Pool sessions timetable

Woodford Leisure Centre

Accurate as of 23/04/2024

Times for Saturday 19 June



Time	Session	Facility
8:00 am - 9:00 am	Club Swimming (private session)	Main Pool
8:30 am - 9:30 am	Family/Adult Swim	Leisure Pool
9:15 am - 12:15 pm	Swimming lessons (no public sessions)	Main Pool
9:15 am - 12:15 pm	Swimming lessons (no public sessions)	Teaching Pool
10:30 am - 11:30 am	Family/Adult Swim	Leisure Pool
12:45 pm - 1:45 pm	Adults only swimming	Main Pool
12:45 pm - 1:45 pm	Adults only swimming	Teaching Pool
2:15 pm - 3:15 pm	Club Swimming (private session)	Main Pool
2:15 pm - 3:15 pm	Club Swimming (private session)	Teaching Pool
2:15 pm - 3:15 pm	Family/Adult Swim	Leisure Pool