


Pool sessions timetable

Woodford Leisure Centre

Accurate as of 03/05/2024

Times for Saturday 19 June			
Time	Session	Facility	
8:00 am - 9:00 am	Club Swimming (private session)	Main Pool	
8:30 am - 9:30 am	Family/Adult Swim	Leisure Pool	
9:15 am - 12:15 pm	Swimming lessons (no public sessions)	Main Pool	
9:15 am - 12:15 pm	Swimming lessons (no public sessions)	Teaching Pool	
10:30 am - 11:30 am	Family/Adult Swim	Leisure Pool	
12:45 pm - 1:45 pm	Adults only swimming	Main Pool	
12:45 pm - 1:45 pm	Adults only swimming	Teaching Pool	
2:15 pm - 3:15 pm	Club Swimming (private session)	Main Pool	
2:15 pm - 3:15 pm	Club Swimming (private session)	Teaching Pool	
2:15 pm - 3:15 pm	Family/Adult Swim	Leisure Pool	