


Pool sessions timetable

Woodford Leisure Centre

Accurate as of 07/05/2024

Times for Sunday 20 June			
Time	Session	Facility	
9:00 am - 10:00 am	Adults only swimming	Main Pool	
9:00 am - 10:00 am	Adults only swimming	Teaching Pool	
10:00 am - 11:00 am	Family/Adult Swim	Leisure Pool	
11:00 am - 12:00 pm	Adults only swimming	Main Pool	
11:00 am - 12:00 pm	Adults only swimming	Teaching Pool	
11:45 am - 12:45 pm	Family/Adult Swim	Leisure Pool	
1:30 pm - 2:30 pm	Family/Adult Swim	Leisure Pool	
2:45 pm - 3:45 pm	Adults only swimming	Main Pool	
2:45 pm - 3:45 pm	Adults only swimming	Teaching Pool	