

# Pool sessions timetable

## Woodford Leisure Centre

Accurate as of 20/05/2026

### Times for Saturday 23 May



Time	Session	Facility
9:00 am - 12:00 pm	Public Swimming	Leisure Fun Pool
9:30 am - 2:30 pm	Public Swimming (shared with swimming lessons)	Main Pool
1:15 pm - 4:30 pm	Public Swimming	Leisure Fun Pool
1:30 pm - 2:30 pm	Family swimming (minimum one adult one child)	Teaching Pool