

Pool Programme

Fenton Manor Sports Complex

Accurate as of 18/05/2024

Times for Tuesday 30 April

Time	Session	Facility	Type
7:00 am - 8:50 am	Early Birds	Main Pool	General Swimming
9:15 am - 12:00 pm	Leisure Swim	Main Pool	General Swimming
12:10 pm - 1:10 pm	Fitness Swim	Main Pool	Fitness Swimming
12:15 pm - 1:00 pm	Aqua Fit	Variable Depth Pool	Aqua Exercise
12:45 pm - 1:15 pm	Interactive Aquatots	Small Pool	Swimming
1:30 pm - 7:45 pm	Leisure Swim	Main Pool	General Swimming
3:15 pm - 4:00 pm	Aquatots 0-7	Small Pool	Children's Swimming
8:00 pm - 9:45 pm	Adults Only 16+	Main Pool	General Swimming