

New Horizons Pool Programme

New Horizons Sport And Leisure Centre

Accurate as of 07/05/2026

Times for Tuesday 2 January



Time	Session	Facility
4:00 pm - 5:30 pm	Leisure Swim	Main Pool
7:00 pm - 8:00 pm	Ladies Only 16+	Main Pool
8:00 pm - 9:00 pm	Adults Only	Main Pool