

# Swim Timetable

## Northallerton Leisure and Wellbeing Hub

Accurate as of 05/05/2026

### Times for Thursday 7 May



Time	Session	Facility	Level
06:45 - 09:00	General Lanes	Main Pool	Lanes Available
09:15 - 10:15	50+ Swim	Main Pool	
09:15 - 10:15	Parent & Tot	Lagoon Area	Lanes Available
10:15 - 11:45	General Swim	Main Pool	
10:15 - 11:45	General Swim	Lagoon Area	
12:00 - 13:00	Adult Lanes	Main Pool	Lanes Available
13:15 - 14:00	General Swim	Main Pool	
13:15 - 14:00	General Swim	Lagoon Area	
14:00 - 16:00	Closed Staff Training	Main Pool	
16:00 - 18:00	Junior Lessons	Main Pool	
18:00 - 19:00	General Swim (F)	Main Pool	Pool based
18:00 - 19:00	General Swim	Lagoon Area	
19:00 - 21:00	Adult Lanes	Main Pool	Lanes Available