Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 24/11/2026

Times for Wednesday 4 November

Time	Session	Facility
06:45 - 07:45	Group Cycle	Studio 1
09:30 - 10:30	HIIT Step	Studio 1
09:30 - 10:30	Zumba	Studio 3
10:30 - 11:30	Shapes	Studio 1
11:00 - 11:45	H2O	Studio Pool (12.0m)
11:30 - 12:30	Yoga	Studio 3
11:45 - 12:30	H2O	Studio Pool (12.0m)
16:00 - 16:45	Junior Gym	Gym
17:00 - 18:00	Circuits	Main Hall
17:30 - 18:30	Yoga	Studio 3
17:30 - 18:30	Group Cycle	Studio 1
18:00 - 19:00	Les Mills BODYCOMBAT™	Studio 2
18:30 - 19:30	Yoga	Studio 3
18:30 - 19:30	Les Mills BODYPUMP™	Studio 1
19:30 - 20:15	H2O	Main Pool (25.0m)