Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 24/11/2026

Times for Thursday 5 November

Time	Session	Facility
06:45 - 07:45	Yoga	Studio 3
08:00 - 08:45	Aqua Zumba	Studio Pool (12.0m)
09:00 - 10:00	Eazy Fit	Studio 1
09:00 - 10:00	Chair Yoga	Studio 3
10:00 - 11:00	Group Cycle	Studio 1
11:00 - 12:00	Yoga	Studio 3
17:00 - 17:45	Kettle Bells	Studio 1
17:00 - 18:00	Shapes	Studio 3
18:00 - 19:00	Yoga	Studio 3
18:00 - 19:00	Circuits	Studio 1
19:00 - 20:00	RPM™	Studio 1
19:15 - 20:15	Zumba	Studio 3