Rivers Group Exercise

Evesham Leisure Centre

Accurate as of 24/11/2026

Times for Tuesday 10 November

Time	Session	Facility
06:45 - 07:30	Kettle Bells	Studio 1
09:30 - 10:15	H2O	Studio Pool (12.0m)
09:30 - 10:30	PowerMix	Studio 1
10:30 - 11:15	Aqua Zumba	Studio Pool (12.0m)
10:30 - 11:30	Group Cycle	Studio 1
10:30 - 11:30	Power Pilates	Studio 3
11:30 - 12:30	Yoga	Studio 3
12:00 - 13:00	Forever Active	Studio 1
12:30 - 13:15	Aqua Circuits	Studio Pool (12.0m)
17:00 - 18:00	Group Cycle	Studio 1
18:00 - 19:00	Body Conditioning	Studio 1
18:00 - 19:00	Pilates Beginners/Intermediate	Studio 3
19:00 - 20:00	Les Mills BODYPUMP™	Studio 1
19:00 - 20:00	Pilates Advanced	Studio 3