exercise class programme
Uckfield Leisure Centre

Accurate as of 12/10/2024

Times for Wednesday 2 February

Time	Session	Facility	Instructor	Level
10:45 am - 11:45 am	Fitball	dance studio	Sally	all levels
6:15 pm - 7:15 pm	Pilates	dance studio	Vanessa	all levels
7:30 pm - 8:15 pm	Aqua Power	Leisure Pool (25m)	Vanessa	all levels