

exercise class programme

Uckfield Leisure Centre

Accurate as of 08/06/2026

Times for Saturday 13 June



| Time | Session | Facility | Instructor | Level |
|--------------------|-------------------|--------------|------------|------------|
| 9:00 am - 10:00 am | Legs, Bums & Tums | dance studio | Sally | all levels |
| 9:30 am - 10:30 am | Freedom Circuits | gym | Gym Staff | all levels |