

exercise class programme

Uckfield Leisure Centre

Accurate as of 19/06/2026

Times for Saturday 20 June



Time	Session	Facility	Instructor	Level
9:00 am - 10:00 am	Legs, Bums & Tums	dance studio	Sally	all levels
9:30 am - 10:30 am	Freedom Circuits	gym	Gym Staff	all levels