

# exercise class programme

## Uckfield Leisure Centre

Accurate as of 06/07/2026

### Times for Sunday 12 July



Time	Session	Facility	Instructor	Level
9:30 am - 10:30 am	Pilates	dance studio	Julie	all levels
10:30 am - 11:30 am	Kettlercise	dance studio	Frank	all levels