

Leisurezone Swimming Timetable

Harlow Leisurezone

Accurate as of 16/09/2026

Times for Wednesday 16 September



Time	Session	Facility
07:00 - 21:00	Public Swim	Main Pool
10:00 - 11:00	Children's Lessons (1/3 pool)	Learner Pool
10:00 - 11:00	Children's lessons 1 lane	Main Pool
10:00 - 11:00	Public Swim	Learner Pool
11:00 - 12:00	Toddler Splash (Public Drop In Session - Whole Pool)	Learner Pool
12:00 - 16:00	Public Swim	Learner Pool
14:15 - 15:00	Children's Lessons (2 lanes)	Main Pool
15:00 - 16:00	Active retired chill out swim	Main Pool
16:00 - 18:00	Children's Lessons (Whole Pool)	Learner Pool
16:00 - 19:00	Children's Lessons (Half Pool)	Main Pool
19:00 - 20:00	Swim Club (3 lanes)	Main Pool
20:15 - 21:00	Aqua Zumba (half pool) set up 10 mins before	Main Pool