

Leisurezone Swimming Timetable

Harlow Leisurezone

Accurate as of 16/09/2026

Times for Thursday 17 September

Time	Session	Facility
07:00 - 21:00	Public Swim	Main Pool
10:00 - 11:00	Children's Lessons (1/3 pool)	Learner Pool
10:00 - 11:00	Public Swim	Learner Pool
11:00 - 12:00	Toddler Splash (Public Drop In Session - Whole Pool)	Learner Pool
11:15 - 12:00	AquaFit (Half Pool)	Main Pool
12:00 - 16:00	Public Swim	Learner Pool
16:00 - 18:00	Children's Lessons (Half Pool)	Main Pool
16:00 - 18:00	Children's Lessons (Whole Pool)	Learner Pool
18:00 - 21:00	Swim Club (Half Pool)	Main Pool