

Leisurezone Swimming Timetable

Harlow Leisurezone

Accurate as of 16/09/2026

Times for Friday 18 September

Time	Session	Facility
07:00 - 07:15	Swim Club (Half Pool)	Main Pool
07:00 - 18:00	Public Swim	Main Pool
09:00 - 10:00	Active retired chill out swim	Main Pool
10:00 - 11:00	Children's lessons 2/3 pool	Learner Pool
10:00 - 11:00	Public Swim	Learner Pool
10:00 - 12:00	Children's Lessons (2 lanes)	Main Pool
11:00 - 12:00	Toddler Splash (Public Drop In Session - Whole Pool)	Learner Pool
12:00 - 16:00	Public Swim	Learner Pool
13:00 - 14:30	Children's lessons 2/3 pool	Learner Pool
13:15 - 16:00	Schools (2 lanes)	Main Pool
16:00 - 18:00	Children's Lessons (Half Pool)	Main Pool
16:00 - 18:00	Children's Lessons (Whole Pool)	Learner Pool