

Leisurezone Swimming Timetable

Harlow Leisurezone

Accurate as of 16/09/2026

Times for Tuesday 22 September			
Time	Session	Facility	
07:00 - 20:00	Public Swim	Main Pool	
09:30 - 11:00	Children's Lessons (2 lanes)	Main Pool	
10:00 - 11:00	Public Swim	Learner Pool	
10:00 - 11:00	Children's lessons 2/3 pool	Learner Pool	
11:00 - 12:00	Children's Lessons (Half Pool)	Main Pool	
11:00 - 12:00	Toddler Splash (Public Drop In Session - Whole Pool)	Learner Pool	
12:00 - 16:00	Public Swim	Learner Pool	
12:45 - 14:45	Children's Lessons (2 lanes)	Main Pool	
12:45 - 14:45	Schools 1/3 pool	Learner Pool	
16:00 - 18:00	Children's Lessons (Half Pool)	Main Pool	
16:00 - 18:00	Children's Lessons (Whole Pool)	Learner Pool	
18:00 - 21:00	Swim Club (Half Pool)	Main Pool	
20:00 - 21:00	Adults Swim for fitness (lane swimming)	Main Pool	