

# Lewsey Group Fitness Classes

## Lewsey Sports Park

Accurate as of 19/06/2026

### Times for Tuesday 23 June



Time	Session	Level
09:30 - 10:15	Studio Cycle	—
09:30 - 10:15	TripleT	—
09:30 - 10:30	Aqua Fit	—
11:00 - 12:00	Pilates	—
17:30 - 18:00	MetaFit™	—
18:00 - 18:45	Kettlercise®	—
19:00 - 19:45	Studio Cycle	—
19:30 - 20:30	Aqua Fit	—
20:00 - 20:45	Pilates	—