

# Zest Gym Timetable

## Northallerton Leisure Centre

Accurate as of 30/04/2024

### Times for Wednesday 18 May



| Time          | Session          | Facility |
|---------------|------------------|----------|
| 06:45 - 21:30 | Opening Times    | Gym      |
| 07:30 - 21:30 | Instructed Times | Gym      |
| 15:30 - 17:00 | Max Gym          | Gym      |