

# Zest Gym Timetable

## Northallerton Leisure Centre

Accurate as of 19/04/2024

### Times for Friday 20 May



Time	Session	Facility
06:45 - 21:30	Opening Times	Gym
07:30 - 19:30	Instructed Times	Gym
15:30 - 17:00	Max Gym	Gym