

Zest Gym Timetable

Northallerton Leisure Centre

Accurate as of 05/05/2024

Times for Sunday 22 May			
Time	Session	Facility	
08:00 - 17:30	Opening Times	Gym	
09:30 - 16:30	Instructed Times	Gym	
10:00 - 12:00	Max Gym	Gym	