

# Zest Gym Timetable

## Northallerton Leisure Centre

Accurate as of 07/05/2024

Times for Sunday 9 October



| Time          | Session          | Facility |
|---------------|------------------|----------|
| 08:00 - 17:30 | Opening Times    | Gym      |
| 09:30 - 16:30 | Instructed Times | Gym      |
| 10:00 - 12:00 | Max Gym          | Gym      |