

Zest Swim Timetable

Bedale Leisure Centre

Accurate as of 01/06/2025

Times for Monday 28 April



Time	Session	Facility	Level
06:45 - 09:15	General Lanes	Pool	Lanes Available
09:15 - 11:00	General Swim (L1)	Pool	Lane Available
11:00 - 12:30	50+ Swim	Pool	
12:30 - 13:30	Adult Lanes	Pool	Lanes Available
13:30 - 14:45	General Swim	Pool	
14:45 - 15:45	Discount Dip	Pool	
15:45 - 17:15	Junior Lessons	Pool	
17:15 - 18:00	General Swim (L1)	Pool	Lane Available
18:15 - 19:00	Aquafit	Pool	Booking required
19:15 - 20:00	Adult Lessons	Pool	Booking required
19:15 - 20:45	Adult Lanes	Pool	Lanes Available