

# Swim Timetable

## Bedale Leisure and Wellbeing Hub

Accurate as of 27/06/2026

### Times for Monday 29 June



Time	Session	Facility	Level
06:45 - 09:15	General Lanes	Pool	Lanes Available
09:15 - 10:15	General Swim (L1)	Pool	Lane Available
10:15 - 11:15	50+ Swim	Pool	Lane Available
11:30 - 12:15	Aquafit	Pool	Aqua
12:30 - 13:30	Adult Swim	Pool	
13:30 - 14:45	General Swim	Pool	
14:45 - 15:45	Discount Dip	Pool	
15:45 - 17:15	Junior Lessons	Pool	
17:15 - 18:00	General Swim (L1)	Pool	Lane Available
18:15 - 19:00	Aquafit	Pool	Booking required
19:15 - 20:00	Adult Lessons	Pool	Booking required
19:15 - 20:45	Adult Lanes	Pool	Lanes Available