

Swim Timetable

Bedale Leisure and Wellbeing Hub

Accurate as of 26/07/2026

Times for Monday 13 July				
Time	Session	Facility	Level	
06:45 - 09:15	General Lanes	Pool	Lanes Available	
09:15 - 10:15	General Swim (L1)	Pool	Lane Available	
10:15 - 11:15	50+ Swim	Pool	Lane Available	
11:30 - 12:15	Aquafit	Pool	Aqua	
12:30 - 13:30	Adult Swim	Pool		
13:30 - 14:45	General Swim	Pool		
14:45 - 15:45	Discount Dip	Pool		
15:45 - 17:15	Junior Lessons	Pool		
17:15 - 18:00	General Swim (L1)	Pool	Lane Available	
18:15 - 19:00	Aquafit	Pool	Booking required	
19:15 - 20:00	Adult Lesssons	Pool	Booking required	
19:15 - 20:45	Adult Lanes	Pool	Lanes Available	