

Swim Timetable

Bedale Leisure and Wellbeing Hub

Accurate as of 26/07/2026

Times for Monday 20 July			
Time	Session	Facility	Level
06:45 - 09:00	General Lanes	Pool	Lanes Available
09:00 - 10:15	General Swim (L1)	Pool	Lane Available
10:15 - 11:15	50+ Swim	Pool	Lane Available
11:30 - 12:15	Aquafit	Pool	Booking required
12:30 - 13:30	Adult Lanes	Pool	Lanes Available
13:30 - 14:30	General Swim	Pool	
14:30 - 15:30	Fun & Floats	Pool	
15:45 - 17:15	Junior Lessons	Pool	
17:15 - 18:15	General Swim	Pool	Lane Available
18:15 - 19:00	Aquafit	Pool	Booking required
19:15 - 20:00	Adult Lesssons	Pool	
19:15 - 20:45	Adult Lanes	Pool	Lanes Available