

# Swim Timetable

## Stokesley Leisure and Wellbeing Hub

Accurate as of 05/05/2026

### Times for Tuesday 5 May



Time	Session	Facility	Level
06:30 - 09:15	General Lanes	Main Pool	Lanes Available
09:30 - 11:30	Schools	Main Pool	
09:30 - 11:30	Schools	Teaching Pool	
11:45 - 13:00	Adult Swim (L2)	Main Pool	
12:00 - 13:00	Tots Lessons	Teaching Pool	
13:15 - 14:00	Aquafit	Main Pool	Booking required
13:15 - 15:30	General Swim	Teaching Pool	
14:00 - 15:30	General Swim (L1)	Main Pool	
15:45 - 17:45	Junior Lessons	Main Pool	
15:45 - 17:45	General Swim	Main Pool	
15:45 - 18:45	Junior Lessons	Teaching Pool	
18:00 - 21:00	Swim Club	Main Pool	