

Swim Timetable

Stokesley Leisure and Wellbeing Hub

Accurate as of 05/05/2026

Times for Monday 11 May



| Time | Session | Facility | Level |
|---------------|-----------------|---------------|------------------|
| 06:30 - 09:00 | General Lanes | Main Pool | Lanes Available |
| 09:15 - 11:15 | Schools | Main Pool | |
| 09:15 - 11:15 | Schools | Teaching Pool | |
| 11:30 - 12:30 | General Swim | Teaching Pool | |
| 11:30 - 13:00 | Adult Swim (L2) | Main Pool | Lanes Available |
| 12:30 - 14:00 | Tots Lessons | Teaching Pool | |
| 13:00 - 14:15 | 50+ Swim | Main Pool | Lane Available |
| 14:30 - 15:30 | Schools | Main Pool | |
| 14:30 - 15:30 | Schools | Teaching Pool | |
| 15:45 - 18:45 | Junior Lessons | Main Pool | |
| 15:45 - 18:45 | Junior Lessons | Teaching Pool | |
| 15:45 - 18:45 | General Swim | Main Pool | |
| 19:00 - 20:00 | Adult Lanes | Main Pool | |
| 20:15 - 21:00 | Aquafit | Main Pool | Booking required |